NOTIFICATION FORM FOR MAJOR HOLDING

(Sections 28, 30, 31 και 31A of the Law)

NOTIFICATION OF MAJOR HOLDING

(to be sent to the relevant issuer and to the Cyprus Securities and Exchange Commission)ⁱ

1. Identity of the issu	er or the underlying	issuer of existing share	es to which voting r	ights are attached":	
Frontline plc					
LEI: 5493004BCIKYU1					
2. Reason for the not	tification (please tick	the appropriate box or	boxes):		
[] An acquisition	or disposal of voting	rights			
· ·	or disposal of financia	-			
[] An event chan	ging the breakdown o	of voting rights			
[x] Other (<i>please</i>	specify)iii: Exercise of	Instruments			
3. Details of person s	subject to the notifica	tion obligation ^{iv} :			
Full manner		Managa Chanley			
Full name:		Morgan Stanley			
City and					
country of registere	ed office	Wilmington, Delaware	, USA		
(if applicable)					
4. Full name of share	holder(s) (if different	from the person in poi	nt 3) ^v :		
5. Date on which the threshold was crossed or reached ^{vi} : 10/01/2023					
3. Date on which the threshold was crossed of reached . 19/01/2023					
6. Threshold which was crossed or reached: 5%					
7. Total positions of person(s) subject to the notification obligation:					
	0/ 6	% of voting rights	T . 10/		
	% of voting rights	through financial	Total %	Total number of	
	attached to shares (total of 8.A)	instruments (total of 8.B.1 +	(8.A+8.B.1 +8.B.2)	voting rights of issuer ^{vii}	
	(total of 8.A)	8.B.2)	+0.0.2)	issuei	
Resulting situation		3.2.27			
on the date on					
which threshold	1.60	4.11	5.71	222,622,889	
was crossed or					
reached					
Position of previous	4.33	6.44	7.4		
notification (if applicable)	1.33	6.11	7.44		

8. Notified details of the resulting situation on the date on which the threshold was crossed or reached viii:

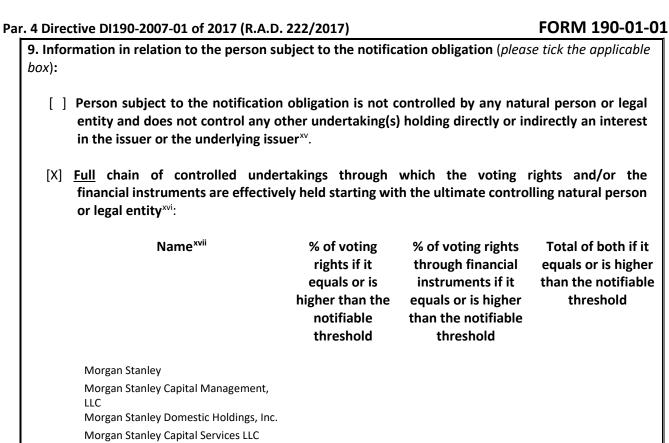
A: Voting rights attached to shares

Class/type of	Number of voting rights ^{ix}		% of voting rights	
shares (provide ISIN code if possible)	Direct (section 28 of the Law)	Indirect (section 30 of the Law)	Direct (section 28 of the Law)	Indirect (section 30 of the Law)
BMG3682E1921/ CY0200352116	-	3,554,510	-	1.60
SUBTOTAL A: (Direct and Indirect)		3,554,510		1.60

B.1: Financial Instruments according to section 31(1)(a) of the Law

Type of financial instrument	Expiration date ^x	Exercise/ Conversion Period ^{xi}	Number of voting rights that may be acquired if the instrument is exercised/converted	% of voting rights	
Right of recall over securities lending agreements	At any time	At any time	6,989,449	3.14	
Call Option	2023-01-20	At any time	16,200	0.01	
Call Option	2023-02-17	At any time	16,100	0.01	
Call Option	2023-05-19	At any time	3,500	0.02	
Call Option	2023-06-16	At any time	1,100	0.0005	
Call Option	2024-01-19	At any time	2,500	0.001	
	<u>IL</u>	SUBTOTAL B.1	7,028,849	3.16	

Type of financial instrument	Expiration date ^{xii}	Exercise/ Conversion Period ^{xiii}	Physical or cash settlement ^{xiv}	Number of voting rights	% of voting rights
Swap	2023-03-06	At any time	Cash	47,259	0.02
Swap	2023-06-12	At any time	Cash	1,968,563	0.88
Swap	2023-09-29	At any time	Cash	13,181	0.01
Swap	2023-07-31	At any time	Cash	28,636	0.01
Swap	2024-01-04	At any time	Cash	9,918	0.004
Put Option	2023-01-20	At any time	Physical	10,600	0.005
Put Option	2023-02-17	At any time	Physical	1,900	0.001
Put Option	2023-05-19	At any time	Physical	41,800	0.02
Retail Structured Product	2072-05-09	At any time	Cash	94	0.00004
			SUBTOTAL B.2	2,121,951	0.95



Morgan Stanley

Morgan Stanley Capital Management,

Morgan Stanley Domestic Holdings, Inc.

Morgan Stanley & Co. LLC

Morgan Stanley

Morgan Stanley International Holdings Inc.

Morgan Stanley International Limited

Morgan Stanley Investments (UK)

Morgan Stanley & Co. International plc

Morgan Stanley

Morgan Stanley Capital Management,

LLC

Morgan Stanley Domestic Holdings, Inc.

Morgan Stanley & Co. LLC

Prime Dealer Services Corp.

Morgan Stanley

Morgan Stanley Capital Management,

LLC

Morgan Stanley Domestic Holdings, Inc.

ETCM Holdings, LLC

E*TRADE Securities LLC

10. In case of proxy voting:	
I	
[name of the proxy holder] will cease to hold	[number and
11. Additional information ^{xviii} :	

I declare that, to my knowledge, all of the above information is accurate and true.

(Name): NGA MACROW

(Signature): Nga Macrow

(Place, Date) Glasgow, 13/01/2023